

## GRADUATE PROSPECTS

The graduates from the Exercise and Sports Science programme may provide services or work at various settings:

- ◆ As science/research/sports officers in medical institutions (e.g. hospitals, clinics, rehabilitation centers); educational settings (e.g. special education schools, sport schools, early childhood education centers, universities); Youth and Sports Ministry, sports institutions and associations (National Sports Institute, Badminton Association of Malaysia, Football Association of Malaysia) or private practicing organisations.
- ◆ As academicians (e.g. tutors, lecturers) at public and private institutes of higher learning.
- ◆ As coaches, sports science consultants, sports administrators and managers, health coordinators, health and fitness club managers in both government and private sectors.



## UNIVERSITY ADMISSION

UNIT PENGAMBILAN PELAJAR  
Bahagian Pengurusan Akademik,  
Jabatan Pendaftar, Bangunan Canselor  
Universiti Sains Malaysia,  
11800 Pulau Pinang, Malaysia.  
<https://pohon.usm.my>  
[www.admissions@usm.my](mailto:www.admissions@usm.my)  
Tel : 1 300 888 876 / 046533196  
Fax : 046533328  
Email : [admission@usm.my](mailto:admission@usm.my)  
FB : Student Admissions USM

## CONTACT US

Exercise and Sports Science Programme,  
School of Health Sciences, Health Cam-  
pus, Universiti Sains Malaysia, 16150 Ku-  
bang Kerian, Kelantan, Malaysia.

AP Dr Ooi Foong Kiew (Chairperson)  
Tel : 09 767 7809 ; Email : [fkooi@usm.my](mailto:fkooi@usm.my)  
AP Dr Hairul Anuar Hashim  
Tel : 09 767 7575 ; Email : [hairulkb@usm.my](mailto:hairulkb@usm.my)  
Dr Mohd Nidzam Mat Jawis  
Tel : 09 767 7608 ; Email : [nidzam@usm.my](mailto:nidzam@usm.my)



## EXERCISE AND SPORTS SCIENCE PROGRAMME

School of  
Health Sciences



COMMITTED TO HEALTH  
FOR A SUSTAINABLE TOMORROW

[www.ppsk.usm.my](http://www.ppsk.usm.my)



## INTRODUCTION

The objective of this programme is to produce graduates who are academically sound and able to function as the experts in the field of Exercise and Sports Science relevant to the requirement of the public and private sectors of the industry. It also takes cognisance of helping to achieve the national aspiration of creating healthy citizens.

Students undergoing this programme are expected to acquire a high level of academic competency and knowledge that is at par with graduates of similar institutions within and outside the country. The uniqueness of this programme is that it allows the graduates to be flexible and capable of continued development in their specific career. This is based on the curriculum design which helps strengthen the knowledge of exercise and sports sciences while at the same time students will be exposed to the health and sporting events relevant to the field.

## COURSE DETAILS

This is a 3 1/2 years programme with 7 semesters which consists of lectures, seminars, tutorials, laboratory- and field-based practical, research project and industrial training. From semester 3 onwards, candidates may choose to focus in one of the three disciplines below:

1. Exercise and Sport Physiology
2. Exercise and Sport Psychology
3. Coaching Science



## COURSE ASSESSMENT

- ◆ Continuous assessment for each semester will comprise of written assignments, seminar presentations and practical reports.
- ◆ Written examinations will be held at the end of each semester.
- ◆ A dissertation and viva based on the research project.



## ENTRY REQUIREMENT

Please refer to the following website for the entry requirement:

[https://pohon.usm.my/include\\_perdana/dokumen/program/SM18.pdf](https://pohon.usm.my/include_perdana/dokumen/program/SM18.pdf)

## FEES

Please refer to the following website for the tuition fees:

[http://www.admissions.usm.my/images/YURAN\\_IJAZAH\\_PERTAMA.pdf](http://www.admissions.usm.my/images/YURAN_IJAZAH_PERTAMA.pdf)

